



July 2011

Business and Professional Women Southern Ocean County Newsletter

Newsletter

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Meeting Details

Tuesday,

July 12, 2011

6:00 pm - Networking

6:30 pm - Meeting

Kristy's Restaurant

Route 9, Waretown

[Directions](#)

Join us for a wonderful networking opportunity. Bring your colleagues, friends and future members with you.

As part of our membership privileges we are given a chance to let our sisters know what we are doing in our businesses so, members, please bring any literature to share.

RSVP to Rosalind Silletto at
732-961-6435 or

I want to thank you for the privilege of serving as your president for the 2011-2012 year. Years ago, being totally frustrated at my job, I ran across the following poem and loved what it said. I made a promise to myself that I would try to live by the written words -- so I want to share that with you.

Attitude
by: Charles Swindoll

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a church...a home.

The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past...we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude...I am convinced that life is 10% what happens to me and 90% how I react to it.

And so it is with you...we are in charge of our attitudes."

I try every day to have a positive attitude no matter what I am dealing with. It is with that in mind that I am asking everyone to check their attitudes at the door and come to meetings with a positive mindset. We are trying to grow our local and in doing so we will make changes that not everyone will like but if we are to grow we will need to change. We cannot continue to

[via email.](#)

\$15 includes dinner

Dues for 2011 are due. If you haven't mailed in your dues renewal form and check for \$50, please do so now, or you can bring it with you to our July meeting.

July Birthdays

No birthdays this month that I'm aware of.

New members, if you have a birthday in July or in the following months, please let me know so that you will be recognized.

Thought for July

"We cannot change the past, but we can change our attitude toward it. Uproot guilt and plant forgiveness. Tear out arrogance and seed humility. Exchange love for hate -- thereby making the present comfortable and the future promising."

-- Maya Angelou, American Dancer, Actress, Author, and Poet

do what we've always done; as you know that has not been successful in the growth of our local. We have some very exciting functions planned for the future and they will be successful if everyone participates in some way. That does not mean that you have to show up at every event, but there is always something to be done that we could use a hand in -- making phone calls, taking an ad, joining a committee -- no matter how small you think your contribution is, it matters!!!

So, I would like to try the following thought process for this year -- we will be positive in all that we say, rather than negative. If you have a question regarding anything that is being presented for consideration to the board or members, bear in mind that it is the "attitude" in how you ask the question that will be what everyone hears. So, please let us have a fun time growing our local and know how very proud I am to tell anyone that asks me what my "home" local is. We now have five members involved in the state as officers for the Foundation or State -- what an honor for us. I know that you all value Business and Professional Women and I hope that you all know how much I value all of you!!!!

Please live the Collect -- it is a great way to go through life!

Penny Miller
President

Cyndy Friedland - final thoughts

My thanks to all of you ladies that supported me through my two years as your President!

I feel we made great strides; gaining new members, starting our meetings very close to 6:30, livening up our fundraisers. These are just a few of the accomplishments of our group that took assistance from everyone to "make it happen"! It was a pleasure to serve as your President through whatever crossed our paths-- we were able to deal with the situations and come out together and united. This is an admirable trait of this group. You don't find the support, and good, and welfare that is obvious with this organization, and I am very proud to have been a part of this.

As you may or may not know, I have moved up to the State level as Vice President of BPWNJ. This will be another challenge that I look forward to. Our local has prepared me for this and I am grateful for the opportunity to

have served BPWSOC. We will forge ahead together and I look forward to another exciting year with my sisters.

Allow me also to thank the sisters that have been so gracious to be with for their parting gift. It was totally unnecessary, but I do thank you all from the bottom of my heart. Each of you has a special facet in my heart; thank you all for being so kind and most of all for being my sisters in friendship.

A viewing of Iron Jawed Angels

BPWSOC has obtained a copy of this movie and we will be viewing it at Penny Miller's house, 267 Serpent Lane, Manahawkin, NJ on July 19 at 7:00pm. Popcorn, dessert, refreshments will be served.

Please respond to Rosalind Silletto at travelinstyle2011@hotmail.com if you will attend on July 19.

Synopsis

Katja von Garnier's "Iron Jawed Angels" tells the remarkable and little-known story of a group of passionate and dynamic young women, led by Alice Paul (Hilary Swank) and her friend Lucy Burns (Frances O'Connor), who put their lives on the line to fight for American women's right to vote.

Swank and O'Connor head an outstanding female ensemble, with Julia Ormond, Molly Parker, Laura Fraser, Brooke Smith and Vera Farmiga as a rebel band of young women seeking their seat at the table; and such cinematic icons as Lois Smith, Margo Martindale, and Anjelica Huston as the steely older generation of suffragettes.

This true story has startling parallels to today, as the young activists struggle with issues such as the challenges of protesting a popular President during wartime and the perennial balancing act between love and career. Utilizing a pulsing soundtrack, vivid colors, and a freewheeling camera, Katja von Garnier's ("bandits") driving filmmaking style shakes up the preconceptions of the period film and gives history a vibrant contemporary energy and relevance.

In 1912 Philadelphia, young suffragist activists Alice Paul (Hilary Swank) and Lucy Burns (Frances O'Connor) have a meeting with Carrie Chapman Catt (Anjelica Huston) and Anna Howard Shaw (Lois Smith) of NAWSA (National American Woman Suffrage Association, formed in 1890 by Susan B. Anthony and Elizabeth Cady Stanton). The breezy, rebellious spirit of the two younger activists is in stark contrast to the more conservative older women. Paul and Burns want to press for a constitutional amendment for women to have the right to vote, but the older women prefer a state-by-state approach. Still, Paul is permitted to take over NAWSA's Washington, D.C. committee, provided she and Burns raise their own funds. They begin planning their first big event, a parade to promote women's suffrage, and recruit a team of volunteers, including Alice's

college friend Mabel Vernon (Brooke Smith), Polish factory worker Ruza Wenclawska (Vera Farmiga) and social worker Doris Stevens (Laura Fraser).

While soliciting donations at an art gallery, Paul convinces labor lawyer Inez Mulholland (Julia Ormond) to serve as a figurehead for the parade and meets a Washington newspaper political cartoonist, Ben Weissman (Patrick Dempsey), causing romantic sparks to fly. Returning to Washington, President Woodrow Wilson (Bob Gunton) finds himself ignored, while across town, the parade turns into a riot, with hecklers attacking the suffragettes. Paul and Burns are pleased with the resulting front page publicity, and over Catt's objections, seek to press their advantage by leading a delegation to see President Wilson. He puts them off with promises to study the issue, and the women lobby members of Congress to get the suffrage amendment to the floor for a vote, but it dies in committee.

Paul and Burns further antagonize Catt when they raise funds outside of NAWSA to publish a newspaper calling for women to boycott Wilson in the next election. Paul presses Weissman to help the cause, and agrees to go on a date with him. She is taken aback when Weissman, a widower, brings his young son to dinner with them. Although attracted to Weissman, Paul chooses to forego a relationship with him in order to devote herself completely to the suffrage cause.

Future Activities

At the Annual Conference it was discussed that we as a state organization should start organizing activities that all it's members can participate in.

We are now thinking of a "Day at the Races" at Monmouth Park. This will be discussed at the July meeting so that we can get everyone's thoughts and decide on a date.

If you are interested in participating, or have other ideas you would like to share with the group, please email Rosalind Silletto at travelinstyle@optonline.net and let her know.

BPWNJ VOICE

Did you know that you could advertise in the BPWNJ Voice and reach our sisters throughout the State with your business? Yes, for \$25. (the smallest ad) your business can expand...need I say more?

Don't miss out on this chance to promote your business. To find out more information, check your recent copy of The Voice, or email Lauren Simeone Berman at lesimeone@verison.net for size and cost of advertising.

If you would like to receive your copy of the Voice electronically, send an email to Lauren at the email address above and ask her to put you on the electronic email list. By doing so, you are helping BPWNJ save on

the cost of mailing the Voice out to members.

Harbor House

We should all still be thinking about donations to Ocean's Harbor House. They are always in need of toiletries (for men and women), sheets, towels, supplies, anything really. Bring them with you to the meetings and someone will deliver your items to Harbor House.

BPW SOC Website

Our member and secretary, Lisa Gambino - owner of A2Z Computer Help is also our webmaster and designer and she is always looking for content to be added to our website, www.bpwsoc.org. Please feel free to contact Lisa with any information, updates, and/or comments you would like posted or added to the website.

You can contact Lisa at www.bpwsoc.org direct through the "Contact Us" page or direct to her email address lisag@a2zcomputerhelp.com

You can also visit Lisa's own website and contact her there also, www.A2ZComputerHelp.com



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Personal Computer Services:
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Integration Solutions, and much more...
Call Lisa G at A2Z (732) 237-9704

PC Tips by Lisa G., A2Z Computer Help

USB 2.0 Extension Cables

Did you know that you can use a passive extension cable (cables without an active repeater chip in them) to extend the distance from your computer to a USB device such as a printer, digital camera, media reader, flash drive, etc. USB specifications state that you can use extension cables for distances up to 16 feet. Beyond 16 feet, you will need a cable that will boost the signal in order to avoid losing data or damaging USB equipment. The maximum distance that you can reach by chaining "Active" USB extension cables together is 80 feet. By using 16 foot cables, you can safely chain up to 4 of these cables together without risking data loss or damage to your device (in addition to the 4 "active" extension cables, you will use a regular device cable at the end that can be up to 16 feet; this is how you achieve the maximum distance of 80 feet).

If anybody needs one, I am selling the cables at \$7.00 each - they are on my website for \$10.00.

Thank you, Lisa G from www.A2ZComputerHelp.com

Travel In Style Awaits You

Only have limited time and limited funds; then an escorted vacation is for you. Packages vary in price to meet every budget and once you book, everything is arranged for you through the tour operator. All you need do is show up at the airport, board your flight, and be prepared for a wonderful vacation.

If you're interested in learning more, do not hesitate to contact me.

As a traveler myself with over 30 years experience, I love to impart my knowledge and expertise to my clients. I offer personal, one-on-one service.

Contact Rosalind Silletto at
travelinstyle2011@hotmail.com
or (732) 961-6435.

Need to Get Away?

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local get-a-way, or a last minute family reunion, give me a call at 609-290-5040 or email me at Cyndyonlbi@comcast.net; it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me.
From Cyndy Friedland

Visit us on the web at www.BPWSOC.org



We look forward to seeing you at the meeting.

Business and Professional Women/Southern Ocean County

PO Box 1207
Manahawkin, New Jersey 08050

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