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Business and Professional Women Southern Ocean County

March 2019 Newsletter

www.bpwsoc.org

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Dear Members of BPWSOC,

As a result of the weather, our Valentine Tea has been rescheduled for Tuesday, March 12 at 600 Main in Toms River. We look forward to seeing everyone and enjoying the evening.

This month we also have another wonderful event to share with you! On March 29 we will have our scholarship fundraiser paint night at The Captain's Inn in Forked River! If you haven't signed up yet, please do so as soon as possible so you don't miss out on the fun. We will have Christina Rodriguez of Crod Illustration with us to walk us through the creation of our painting. No painting experience is necessary, as Christina is a talented artist and teacher who will walk you through the entire process.

See you at our upcoming meetings!

The April meeting will be held at Conca D'Oro Restaurant on Lacey Road in Forked River, in the plaza next to the police station and Wawa gas station. See you there!

In Empowerment, Professionalism, and Gratitude,

Susie Guckin
President, BPWSOC
2018-2019



Facebook



Website



BPWSOC Meetings are held the 2nd
Tuesday
of each month at 6:30 PM at Conca
D'oro, 778 Lacey Road, Forked River,
NJ
(unless otherwise noted) - (come
earlier 6 PM for Networking/Mingling)

[2019 Schedule](#)

**PLEASE NOTE
CHANGE OF
VENUE FOR
MARCH MEETING**



MEMBER BIRTHDAYS:

Kathleen Gill - March 13

If your birthday is in February and we missed you, please let us know. Happy Birthday!

"IT IS NOT HOW MUCH YOU DO,
BUT HOW MUCH LOVE YOU PUT
INTO THE DOING THAT MATTERS."
-MOTHER TERESA

March 12 - BPWSOC (rescheduled from
2/12) Annual Tea Party Fundraiser at
600 Main, Toms River NJ

March 29 - Paint Party Fundraiser -
Captains Inn

April 9 - BPWSOC Meeting

May 14 - BPWSOC Meeting

May 18 - BPWNJ Foundation 100th
Anniversary Celebration.

**ADDITIONAL EVENTS WILL BE ADDED AS
THEY OCCUR**

(Note: There will be Executive Board
Meetings the week before each
General Meeting, Date, time and place
of these meetings will be announced
prior to the monthly meeting.)

REMEMBER TO BRING YOUR
BUSINESS INFORMATION FOR
NETWORKING!!!

Don't forget to take the time [Friday, March 8th](#), to reach out to the women who have inspired and mentored you, the women who raised you and helped you grow, and the women who may just need a little bit of love and a pick-me-up.



Rosie the Riveter is a cultural icon of the United States, representing the American women who worked in factories during World War II. Rosie the Riveter is commonly used as a symbol of feminism and women's economic power.



GUEST SPEAKER

TO BE ANNOUNCED



www.BPWSOC.org

March 12 - BPWSOC Meeting ANNUAL TEA PARTY FUNDRAISER
AT 600

March 29 - Paint Party Scholarship Fundraiser at
Captains Inn

April 9 - BPWSOC Meeting at Conca D'Oro, Lacey NJ



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SOMETHING REMARKABLE

Ladies,

I have to share something with you that is nothing short of remarkable. As much as we are colleagues in business and professionalism, we are also friends.

I have been desperstely trying to clean out the garage of old things from my life prior to my head injuries but it has been so hard because every time I touch something it is like my body gets shocked by a memory my mind can't grasp. My amnesia wiped out all memory prior to age 20 but we are seeing some changes in that.

Well today....I discovered something that made me truly believe we are led to where we belong. I encourage you to look at the attached photos to see that BPW awarded me a scholarship in 1998 when I was graduating high school.

This is a truly remarkable find. It was an honor to begin with to become president of the group but the meaning of it just compounded. Thank you for supporting me then and for supporting me now.

Susie



Computer Tips:



Your computer can be associated with your car, your house and even your body; because it, too, requires a good cleaning every once in a while to prevent excess dust which can cause the computer to overheat. Cleaning a PC is very easy. First, you must shutdown the computer, and unplug it from the wall outlet. Then, if it is a desktop computer, you would use canned air to blow out all the ports and vents (if you are a bit more savvy, you can open the case, and carefully blow out the dust that may have accumulated inside). Then you can wipe down the case with a slightly damp paper towel (water only). Finally, you can plug it back in and turn it on. A laptop is basically the same, though you will not open the case. And, you can wipe down the screen and keyboard again with a slightly damp paper towel and be sure you are turned off and the power is disconnected from the wall and the laptop.

You can call you local PC Tech and they will perform a Tuneup, which will include a dusting/cleaning.

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Lisa A. Gambino
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Reading Corner

Author: Sheila Roberts

Title: Welcome to Moonlight Harbor

Author: Susan Guckin

Title: The Camouflaged Heart

Note: Susan Guckin is President of BPWSOC



NEED TO GET AWAY

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local getaway, or a last minute family reunion, give me a call at 609-290-5040 or e-mail me at Cyndyonlbi@comcast.net: it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me. Cyndy Friedland

Stockwell Financial

Stockwell Financial

Stockwell Financial offers tailored business solutions to help support the needs of businesses. We work with business owners to identify and prioritize their needs and then implement customized solutions to help maximize the efficiency and effectiveness of their business. If you would like a free informal valuation of your business give Stephanie a call at 732 731 9856.



Come out, join us and bring a friend....





Founded in 1919

Mission

To partner to create successful workplaces for women, their families and employers.

ADDITIONAL CONTACT INFO



foundation@bpwfoundation.org



<http://www.bpwfoundation.org>

About

<http://www.bpwfoundation.org> Business and Professional Women's Foundation (BPW Foundation) empowers working women to achieve their full potential.

Company Overview

Business and Professional Women's Foundation (BPW Foundation) empowers working women to achieve their full potential and partners with employers to build successful workplaces through education, research, knowledge and policy.

General Information

BPW Foundation transforms workplaces by strengthening the capacity of organizations and

businesses to create work environments that are inclusive and value the ... [See More](#)

Founding date

1919

BPW Foundation

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**Business and Professional
Women's Foundation**

Working women helping women work | www.bpwfoundation.org

Greetings

What is it like to be 100 years old? Our storied organization turns the Big Century Mark in 2019!



To start the historic countdown, here's a timely factoid in honor of Women's History

Month: While mobilizing for World War I, the U.S. government recognized the need for a cohesive group to coordinate identification of women's available skills and experience. A Women's War Council was established to organize the resources of professional women. As a result, the National Federation of Business and Professional Women's Clubs was founded on July 15, 1919.

For the past 98 years, BPW has made great strides in the workplace, illuminating and supporting such issues as the elimination of sex discrimination in employment, the principle of equal pay, and the need for a comprehensive equal rights amendment.

None of this could have happened without the enduring passion and support of our dedicated members. Now, more than ever, your critical voices need to be heard.

You represent the hearts and minds of professional women all over the country, so please keep marching strong for your rights and pave the way for sisters to come!

Onward,



Roslyn Ridgeway, Chair
Board of Trustees
Business and Professional Women's Foundation

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BPW Foundation is a 501 (c) (3) research and education organization. The work of BPW Foundation supports workforce development programs and workplace policies that recognize the diverse needs of working women, communities and businesses.

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To my BPW sisters across the nation:

I'd like to take a minute to tell you more about an exciting new feature that just launched at www.bpwfoundation.org
– our very own BPW Community Page!



This interactive hub provides state federations, local organizations, as well as individuals, a wonderful opportunity to start a dialogue, voice a comment and basically share things that matter to working women across the country.

Signing up is simple and painless.

1. Go to www.bpwfoundation.org homepage and click on the Register link at the bottom of the Community Login section under “Get Involved”
2. Fill in the required fields.
3. When you’re finished, click “Register”.
4. That’s it! Your registration confirmation should be sent to you shortly at your email address.

After that, just enter your username/email and password under Community Login anytime you want to post or read about what other hardworking women are talking about.

Here’s something more.

As a leader of your local organization, you’ll be able to offer your members a brand new way to develop national business networking and information exchange. On a purely social level, everyone can have fun uploading pictures and sharing stories.

But we need to spread the word! I urge you to talk to your members and friends, forward this email and ask all to join us on the BPW Community Page. Many of you have state conferences scheduled over the next several weeks. Please make this announcement at conference and help members sign up on the spot. Post pictures of your conference highlights as one of your first shares. Together, we can make “Working Women Unite” a robust reality.

Thanks for your continuing support,

Roz

Roslyn Ridgeway, Chair
Board of Trustees
Business and Professional Women's Foundation

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