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## BPWSOC Upcoming events for 2014-15

Meetings are held the second Tuesday of each month at 6:30PM (come earlier 6PM for Networking) at [Kristy's Casual Dining in Waretown](#)

December 9 – BPWSOC Holiday Meeting  
 Please bring your donations for Grace Initiatives to this meeting.

January 13 - BPWSOC Meeting

February 10 - BPWSOC Meeting

March 10 - BPWSOC Meeting

April 14 - BPWSOC Meeting

May 13 - BPWSOC Meeting

June 9 - BPWSOC Meeting

### **ADDITIONAL EVENTS WILL BE ADDED AS THEY OCCUR**

(Note: There will be Executive Board Meetings the week before each General Meeting, Date, time and place of these meetings will be announced prior to the monthly meeting.)

REMEMBER TO BRING YOUR BUSINESS INFORMATION FOR OUR NETWORKING TABLE!!!

## December President's Message

I hope you all had a wonderful Thanksgiving with family or friends. Whether it was a

gastronomic challenge or a chance to indulge, we had a chance to reflect on those items that we are thankful for.

As we begin the rush towards the next holidays, let me as president, thank you our members for your support in attendance, participation, and bringing new members to our table.

Carol, Gina, and Lisa have done an outstanding job implementing "Mail Chimp" for our newsletter and announcements.

We have had some great speakers this year and Jaimee, Gina and Lisa collaborated to make our September networking event a huge success.

We are indebted to Stalo for hosting our monthly meetings and for chairing the Scholarship

Committee this year.

Thank you all as a team for getting our organization out there in 2014!

Wishing you all a Merry Christmas and Happy Hanukkah!

Mary Baldelli, President

**Please RSVP to [info@bpwsoc.org](mailto:info@bpwsoc.org) for this meeting and, if present, your name will be entered in a drawing for this month's door prize.**



**MEMBER BIRTHDAYS:**



Please note that

Cyndy Friedland - December 8  
Mary Baldelli - December 16

If your birthday is in December, and we missed you, please let us know. Happy Birthday



**"You alone are enough. You have nothing to prove to anybody."**

**Maya Angelou**



**PC TIPS BY LISA G., [A2Z Computer Help](#)**

Keep food and drink away from your laptop...

This is the time of year where food is a big part of the celebration of our Holidays and Festivities of the Season! But, food and drinks are a very big cause of havoc for your laptop and other electronics. I know, we all want to do everything at once; eat, work, sleep, talk, watch tv, read, and what not, instantaneously, and utilize every second to fulfill our very big needs. Well, guess what? You really do not have to do anything you do not want to do and you can do it much more stress free and in a more enjoyable manner, if you try to relax and work when you need and eat when you need (separately).

Now, everyone who knows me well, knows I do not like to tell anyone what to do, but rather suggest how to do things or advise what is suggested by the manufacturer. After that, it is up to you to do it as you please. But, again, I say "but", I am the one reading the instruction books (because this is what I do and how I learn). Many people feel that most things can be figured out, without he need to review the safety points and instructions for the use of the product. It is not always figuring out how to use your new electronic, it is about learning things that no one would figure out. Otherwise, there truly would be no need for instructions or literature for people to read, because we would all have figured it out. I cannot tell you how many times I have heard this statement. Then, when something spills inside the laptop keyboard and or dust or crumbs get in between the keys, and the laptop starts acting strange, maybe shutting down, freezing, or maybe not even turning on at all, they wonder why and say they didn't do anything unusual. Well, whatever your excuse is, I will say that most of the time a well maintained and properly cared for computer or other electronic equipment will last longer than one which is treated without care by eating over it and having drinks nearby. Also, animal hair and any dust is a hazard, along with placing laptops on any other surface other than a sturdy table.

I can honestly ramble on about this endlessly, but I will stop at this.

Please take care of your laptop and electronics and I recommend that you eat when it is time to eat for you, and free yourself from any stress of work and go back to your laptop or work when you are done eating or drinking. If you need a snack, you probably also need to get up and walk away from the computer anyway, so do so!

I hope you enjoy your Holidays and eating as much as I do and at the very least, heed my warnings and keep your laptop free from food particles, liquids and dust.

Or, if you need to get your laptop cleaned up - send it to me and I shall clean up what has remained on the surface and dust out the areas that are accessible.

**you can always go to our website for the latest information and/or "Members Only" area.**

**Please support upcoming BPW SOC events:**

**BPWSOC HOLIDAY MEETING-** Tuesday, December 9

This year our charity is Grace Initiatives. Check website for list of items they need.

**Visit us at**

[www.bpwsoc.org](http://www.bpwsoc.org)



For information about **Business and Professional Women New Jersey**

visit: [www.bpwNJ.com](http://www.bpwNJ.com)



**NEED TO GET AWAY**

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local getaway, or a last minute family reunion, give me a call at 609-290-5040 or e-mail me at

[Cyndyonbi@comcast.net](mailto:Cyndyonbi@comcast.net):

it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me. Cyndy Friedland

Remember, once those crumbs or drops get near the circuit boards (inside the laptop), you may as well kiss it good bye.

Happy Holidays and thanks to all for listening!

Thank you,

**Lisa Gambino**  
A2ZComputerHelp.com  
Secretary/Webmaster, BPWSOC.org  
Certified Computer Technician and Professional Secretary  
lisag@A2ZComputerHelp.com  
vm: 732-237-9704  
Keyport Office: 732-847-9275

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### BPWNJ VOICE

**Did you know that you can advertise your business in the BPWNJ Voice in order to reach our sisters throughout the State? For more information contact Eunice Clark at eclark@brookdalecc.edu**

***If you are not receiving your copy of the Voice electronically, and would like to, e-mail Eunice Clark at the address above and ask her to put you on the electronic e-mail list. By doing so, you are helping BPWNJ save the cost of mailing.***



### GUEST SPEAKER FOR DECEMBER 9 MEETING

A representative from Grace Initiatives will attend our meeting to accept our Holiday Donations.



**9th District**  
[Home](#) | [Facebook](#) | [Twitter](#)  
[senconnors@njleg.org](mailto:senconnors@njleg.org)  
609-693-6700



Rosie the Riveter is a cultural icon of the United States, representing the American women who worked in factories during World War II. Rosie the Riveter is commonly used as a symbol of feminism and women's economic power.



### NEW MEMBERS:

Members please bring family, friends and business associates to meet us. New members are always welcome.



**Drinking water helps suppress your appetite and did you know that making it ice water can burn more calories.**



### Reading Corner

Author: Anne Frasier

## [Senate Passes Connors-Rumpf-Gove Measure That Would Assist First-Time Home Buying Veterans](#)



The Senate passed legislation introduced by Connors, Rumpf & Gove of the 9th District that would help municipalities to fund programs that provide first-time home buying veterans with down payment assistance.

[Click for Full Story](#)

Sleep Tight  
Elise Sandberg Series:  
Play Dead

Stay Dead

## [Stockton College to Hold Veteran Job Fair on November 14](#)

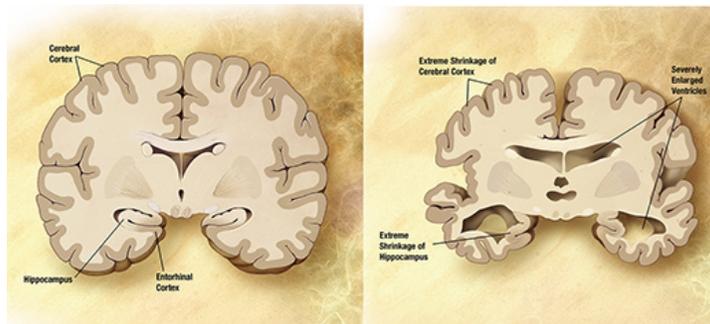


Please mark your calendar for the Stockton College Veteran Job Fair on November 14. The Fair will be held in the Campus Event Room from 9:00 am to 12:30 pm.

[Click for Full Story](#)

## [Gove Appointed to Alzheimer's Disease Study Commission](#)

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9th District Assemblywoman DiAnne C. Gove has been named to the Alzheimer's Disease Study Commission.

[Click for Full Story](#)

## [9th District Delegation's Initiative to Combat Heroin Advanced in Committee](#)

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Bipartisan legislation sponsored by Sen. Chris Connors, Asm. Brian Rumpf and Asw. DiAnne Gove that would strengthen state statutes for heroin offenses was released by the Assembly Appropriations Committee.

[Click for Full Story](#)

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Connors, Rumpf & Gove start petition for the State to honor it's commitment to Atlantic City. [Sign Here!](#)



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[Home](#) | [Facebook](#) | [Twitter](#)  
[senconnors@njleg.org](mailto:senconnors@njleg.org)  
609-693-6700

[Senate Passes Connors-Rumpf-Gove Supported Measure Requiring South Jersey Representation on Turnpike Authority](#)



Bipartisan legislation sponsored by the 9th District legislators that would require at least one member of the New Jersey Turnpike Authority be from South Jersey was passed by the State Senate.

[Click for Full Story](#)

[Connors, Rumpf & Gove Start Online Petition in Support of Keeping Atlantic City as State's Only Home to Casinos](#)



Sen. Chris Connors, Asm. Brian Rumpf and Asw. DiAnne Gove have started an online petition to thwart any legislative effort that would allow casinos to operate at sites in New Jersey other than Atlantic City.

[Click for Full Story](#)

[Connors-Rumpf-Gove Want Harsher Penalties for Financial Exploitation of Seniors and Disabled](#)



District 9 Legislators have reintroduced legislation that would create the new offense of theft by financial exploitation of vulnerable person.

[Click for Full Story](#)



We are happy to announce our second location is now open  
[at 209 N. Bay Ave. Beach Haven \(LBI\) NJ 609-492-4800.](#)

Bella Donna provides a full range of salon services including:

- Haircuts & Styles
- Perms
- Hair Color
- Foil Highlighting
- Corrective Color
- Keratin Treatment
- Manicures
- Pedicures
- Massage Therapy
- Facials
- Make Up
- Waxing
- Gift Cards

[Manahawkin location 609-978-1414](#)



Business and Professional Women's Foundation (BPW Foundation) was the first foundation dedicated to conducting research and providing information solely about working women.

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**Our mailing address is:**  
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Manahawkin, NJ 08050

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