



November/
December 2013 Business and Professional
Women
Southern Ocean County
Newsletter

Newsletter

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Meeting Details

Tuesday, December
10, 2013

6:00 pm - Networking

6:30 pm - Meeting

Kristy's Casual
Dining

562 Route 9

Waretown, NJ

[Directions](#)

Join us for a wonderful networking opportunity. Bring your colleagues, friends and future members with you.

As part of our membership privileges we are given a chance to let our sisters know what we are doing in our businesses and work places so, members, please bring any literature to share.

\$17 includes dinner

Greetings,

Wishing all our members a Happy Thanksgiving holiday with your family and friends. I'm sorry this Newsletter is reaching you so late, but my computer has been out of commission and is now working just fine.

Last month we held our annual Women Helping Women dinner. Our honorees were humbled by receiving this reward and this was great to see. The gifts that were auctioned off was well received by all. I want to thank everyone for pounding the pavement and getting such wonderful items. I want to shout out and say thank you to Jaimee and Jason for donating the flat screen TV and to Bernadette and Penny for the time and effort they put in to making this year's event such a success. Kudos to everyone who participated and helped at our Annual Women Helping Women dinner.

Going forward, there are so many ways in which we women can reach out to those less fortunate in Ocean County. One such organization is Ocean's Harbor House. Although we have adopted them as the organization that we donate to during the Holiday season, it would be wonderful if we can volunteer a couple of hours a week or month to visit them in Toms Rivers and inquire as to what else we can do help the boys and girls that reside there. During our November

November Birthdays

No birthdays this month

New members, if you have a birthday this month or in the following months, please let me know so that you will be recognized.

Thought for November

"You can conquer almost any fear if you will only make up your mind to do so. For remember, fear doesn't exist anywhere except in the mind."
--Dale Carnegie

meeting and throughout 2014, the executive board will reach out to Ocean's Harbor House and ask where they need help. This will be reported back to the members and it is my hope that you will volunteer some of your time.

I am sure the kids will truly appreciate all that we can do for them.

Don't forget to bring your donations for Ocean's Harbor House at our December meeting.

Be well,

Rosalind Silletto
President

Women Helping Women Dinner & Auction

On Friday, October 25, 2013 BPWSOC held its 16th Annual Women Helping Women dinner where we honored Senator Christopher J. Connors (9th Legislative District and Ocean's Harbor House, a safe haven for youth, ages 10 through 21 who have either runaway, are homeless or have been abused, neglected or abandoned.

The evening was successful as both Senator Connors and Heide Hartmann, representing Ocean's Harbor House were extremely thankful for this honor. Senator Connors said that he has received many honors but never one from a women's organization on behalf of what he has done for women and was extremely humbled by this award.

Many great prizes were raffled off and I would like to thank all members that donated prizes and solicited for them.

With the great group of women who are now members, I'm confident going forward all our events will be huge successes.

Rosalind Silletto

New Member Corner

We are always looking for new members to join us

BPW SOC Website

Our member and secretary, Lisa Gambino - owner of A2Z Computer Help is also our webmaster and designer and she is always looking for content to be added to our website, www.bpwsoc.org. Please feel free to send me at travelinstyle2011@hotmail.com for information, updates, and/or comments you would like posted or added to the website.

A 2 Z Computer Help
www.A2ZComputerHelp.com
lisag@A2ZComputerHelp.com
Personal Computer Service with a Woman's Touch!
Personal Computer Services:
PC Tune-Ups, Training, Digital Camera, Technology
Integration Solutions, and much more...
Call Lisa G at A2Z (732) 237-9704

PC Tips by Lisa G., A2Z Computer Help

Microsoft Windows Snipping Tool:

The Microsoft Windows Snipping Tool is an application that has been included with your Operating System since Windows Vista forward (Windows 7 and Windows 8). It is used to capture screen shots a.k.a. "snips" of an open window.

This is a great tool that can be used for so much more than just a screenshot (which you may have previously known how to do by pressing the "Print Screen" key on your keyboard).

With the Snipping Tool, you can crop out or "snip" any area of the page you are viewing on your screen. In addition, you can save your "snip" in several formats (.jpg, .png, .gif, .mht). You can also write on it, erase and then email the file). Again, it is a very useful tool that if you use a little imagination and creativity, you will find many uses for the snipping tool. One that I use very often is to "snip" a picture to use within a document, website, article, post, etc, (just like the one below).



Lisa Gambino from [A2Z](#)

BPWNJ VOICE

Did you know that you could advertise in the BPWNJ Voice and reach our sisters throughout the State with your business? Yes, for \$10. (the smallest ad) your business can expand...need I say more?

Don't miss out on this chance to promote your business. To find out more information, check your recent copy of The Voice, or email Lauren Simeone Berman at lesimeone@verizon.net for size and cost of advertising.

If you would like to receive your copy of the Voice electronically, send an email to Lauren at the email address above and ask her to put you on the electronic email list. By doing so, you are helping BPWNJ save on the cost of mailing the Voice out to members.

Need to Get Away?

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local get-away, or a last minute family reunion, give me a call at 609-290-5040 or email me at Cyndyonlbi@comcast.net; it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me.

Cyndy Friedland

Visit us on the web at www.BPWSOC.org

We look forward to seeing you at the meeting.

Business and Professional Women/Southern Ocean County
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www.bpwsoc.org