



September 2011 Business and Professional Women Southern Ocean County Newsletter

Newsletter

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Meeting Details

Tuesday,

September 13, 2011

6:00 pm - Networking

6:30 pm - Meeting

Kristy's Restaurant
Route 9, Waretown

[Directions](#)

Join us for a wonderful networking opportunity. Bring your colleagues, friends and future members with you.

As part of our membership privileges we are given a chance to let our sisters know what we are doing in our businesses so, members, please bring any literature to share.

RSVP to Rosalind Silletto at
732-961-6435 or
[via email.](#)

\$15 includes dinner

Happy Back to School to Everyone!!!

Well we have survived an earthquake and a hurricane-- what is next????? Sure hope that this is not a sign of the winter that is coming.

But, if we all think how we handled it all we are just proving that we are strong women that can pretty much stand strong for anything!!!!

On that note, don't forget to come to the wine tasting on September 10 and the Women Helping Women Dinner on September 23. Without your continued support of these events, we will not be able to fund our scholarship account with additional funds that will allow us to give out scholarships in the spring. We have a wonderful amount of door prizes to raffle off and of course our 50/50. Ocean Acres Country Club does a superb wonderful job on our meals and it is exciting to hear the stories of the three ladies that are being honored. So please put these dates on your calendars and join your sisters in the events.

We had a lot of fun at the track and some of us even won some of the races. (I was not one of them.) It was nice to have a day of doing something for no reason. It did show those that attended that we really are a sisterhood that do things because we want to not because we feel an obligation to.

I think that is the message I want to send to you this month -- please do things because you want to and not because you feel obligated to. It becomes obvious to those around you when you are not participating from your heart. As I have said in the past, my passion for the group is deep-rooted back to when I was a recent

September Birthdays

No birthdays this month that I'm aware of.

New members, if you have a birthday in August or in the following months, please let me know so that you will be recognized.

Thought for September:

Those who judge us don't matter. Those who matter don't judge us.

divorcee and had no one to turn to. How I would have loved to know these women and been able to turn to them for advice and social outlet. I just want to be able to know that in some way my being a member has helped one woman get through a tough time. So when we reach out for people to help out, we want it to be someone that does it out of desire not obligation. There are times when the thank you is flowing and then there are times when they don't; but know that you might have made a difference to someone who will realize it years from now and while that person may not have told you how much it meant, they might be paying it forward to another person that will need help and be thinking of you and how you helped them .

See you in September!!!!

Sincerely,
Penny Miller,
President

Women Helping Women Dinner

The Women Helping Women dinner will be held on Friday, September 23 at the Ocean Acres Country Club. The cost is \$55 per person.

Tickets are selling quickly this year and we expect to have over 100 people in attendance.

This year we are honoring Cyndy Friedland, Past President of Congregation Sha'arey Ha'Yam; D. Jane Maloney, Director of Senior Services Ocean County and Janice Wolfe, Founder of Merlin's Kids.

If you cannot make the dinner, please help support this event by taking an ad in the Program Booklet. The cost of placing an ad in the program has not gone up. [Attached](#) is the rate sheet for placing an ad.

We are really excited about this year's event as we believe the women being honored as truly deserving of this award and everyone is asked to come out and show your support.

If you wish to purchase tickets, please email Bernadette Girello at bernadette@pawsparty.com.

Thank you.

Wine-Tasting at Kristy's Fine Dining -

September 10, 2011

We're holding a wine-tasting fundraiser on September 10, 2011 at Kristy's from 6:45pm - 9:00pm. Entrance fee is \$10 and we will raffle off a basket of cheer, plus a 50/50.

Plan to attend and invite your friends and family as well. You will be tasting some fabulous wines, pairing them with cheese and chocolate.

We look forward to a great turnout and to raising much needed money for our Scholarship Fund.

Thank you.

BPWNJ VOICE

Did you know that you could advertise in the BPWNJ Voice and reach our sisters throughout the State with your business? Yes, for \$25. (the smallest ad) your business can expand...need I say more?

Don't miss out on this chance to promote your business. To find out more information, check your recent copy of The Voice, or email Lauren Simeone Berman at lesimeone@verison.net for size and cost of advertising.

If you would like to receive your copy of the Voice electronically, send an email to Lauren at the email address above and ask her to put you on the electronic email list. By doing so, you are helping BPWNJ save on the cost of mailing the Voice out to members.

Harbor House

We should all still be thinking about donations to Ocean's Harbor House. They are always in need of toiletries (for men and women), sheets, towels, supplies, anything really. Bring them with you to the meetings and someone will deliver your items to Harbor House.

BPWNJ Meeting

BPWNJ will be holding its meeting on Saturday, October 29th at Brookdale College. The agenda will include a vote to update the web site, and we are hopeful that our Lisa Gambino will be awarded the position of web master. We can use our member's assistance with this. By attending the meeting, being a member in good standing of course, we can use your input for this important facet of our publicity. As we all know, the web is how many new members have found us, and it works state-wide as well. We also are looking at a speaker to address "How to Lobby in Trenton," a topic dear to all of our hearts one

way or another. If it's Women's Rights or Taxes, we should be pro-active. I will keep you posted on this as information is passed to me.

Cyndy Friedland
Vice-President BPWNJ

BPW SOC Website

Our member and secretary, Lisa Gambino - owner of A2Z Computer Help is also our webmaster and designer and she is always looking for content to be added to our website, www.bpwsoc.org. Please feel free to contact Lisa with any information, updates, and/or comments you would like posted or added to the website.

You can contact Lisa at www.bpwsoc.org direct through the "Contact Us" page or direct to her email address lisag@a2zcomputerhelp.com

You can also visit Lisa's own website and contact her there also, www.A2ZComputerHelp.com



A 2 Z Computer Help
www.A2ZComputerHelp.com
lisag@A2ZComputerHelp.com
Personal Computer Service with a Woman's Touch!
Personal Computer Services:
PC Tune-Ups, Training, Digital Camera, Technology
Integration Solutions, and much more...
Call Lisa G at A2Z (732) 237-9704

PC Tips by Lisa G., A2Z Computer Help

Taking a screenshot in Windows:

This can help your pc tech troubleshoot or solve a problem you may be having on your personal computer:

On your keyboard, locate the "Print Screen" key (it may be labeled "Prt Sc", "Prnt Scrn" or similar. It is usually found in the upper right hand corner of the top row of keys, to the right of the F12 key.

To take the screenshot of the entire screen, with all windows, press the "Print Screen" key alone. To take a screenshot of the currently selected window, hold down the "Alt" key and press "Print Screen".

Now open the Microsoft "Paint" program: go to Start, All Programs, Accessories and click on "Paint".

Once in the "Paint" program you just have to "Paste" the contents onto the canvas. There are always more ways than just one (to confuse us) to do things - I think that the easiest way to do this is to just hold your "Ctrl" key with one finger and press the "V" key with another, on your keyboard, and the window that you took a screenshot of will now be visible in the "Paint" program.

You can now save the file and email it your pc tech for help.

Thank you, Lisa G from www.A2ZComputerHelp.com

Travel In Style Awaits You

Only have limited time and limited funds; then an escorted vacation is for you. Packages vary in price to meet every budget and once you book, everything is arranged for you through the tour operator. All you need do is show up at the airport, board your flight, and be prepared for a wonderful vacation.

If you're interested in learning more, do not hesitate to contact me.

As a traveler myself with over 30 years experience, I love to impart my knowledge and expertise to my clients. I offer personal, one-on-one service.

Contact Rosalind Silletto at travelinstyle2011@hotmail.com or (732) 961-6435.

Need to Get Away?

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local get-a-way, or a last minute family reunion, give me a call at 609-290-5040 or email me at Cyndyonbi@comcast.net; it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me. From Cyndy Friedland

Visit us on the web at www.BPWSOC.org

We look forward to seeing you at the meeting.

Business and Professional Women/Southern Ocean County
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Manahawkin, New Jersey 08050