

November 2010

Business and Professional Women

Southern Ocean County Newsletter

Newsletter

## In This Issue

[November meeting](#)

[Holiday Fundraiser](#)

[BPW/SOC Website](#)

[Princess and Pirate Party](#)

[Need to Get Away?](#)

## Meeting Details

Tuesday,

November 9, 2010

6:00 pm - Networking

6:30 pm - Meeting

Ocean Breeze

Restaurant

Route 9, Waretown

[Directions](#)

Join us for a wonderful networking opportunity. Bring your colleagues, friends and future members with you.

As part of our membership privileges we are given a chance to let our sisters know what we are doing in our businesses so, members, please bring any literature to share.

RSVP to Rosalind Silletto at 732-961-6435 or [via email](#).

\$15 includes dinner

Our Business Card Exchange Meet and Greet event on November 4<sup>th</sup> will be a great night for all of us. As you promote your business, bring your friends along with their business cards so they can participate and also promote their business. We have done publicity for this to reach out to colleagues and new business owners that would like to spread the word. The more we encourage individuals to come the better the event will be. We will be holding a monetary door prize and raffle, which is incentive for all of us!! Looking forward to seeing you at The Ocean Breeze Diner, Route 9, Waretown at 5:30 PM till 7:30 PM. You can download our flyer from our website, and please do so and post at as many business establishments as you can. Try your nail and or beauty parlor, dry cleaners, supermarkets, wherever you shop that you feel other professionals would use the services...let's promote and have a great evening.

•  
Would you like to be a guest speaker at one of our upcoming meetings? Drop me an email at [cfriedland119@comcast.net](mailto:cfriedland119@comcast.net) with your topic and a month that you'd like to present. We would like to promote your business and this is a perfect way to enlighten the group. If we do not hear from our members, we may opt to invite guest speakers that might have similar professions. So put your act together and present!!

## Guest Speaker

At our November 9 meeting, the guest speaker will

## Membership Update

At the April, 2010 meeting it was decided that the dues going forward will be \$50.00 a year.

Beginning April 1, 2010 all members are asked to renew their dues. You should have received a bill showing your amount due to extend your period of membership to April 10, 2011.

If you have not received a bill please call me at 609-489-0564 or contact me [via email](#).

Carol Lieber, Membership Chair

November Birthdays  
Lisa Arnold - 11/19

be Barbara Mitchell from Commando. Barbara and her husband the "technical expert" will be talking to us about bed bugs. They are going to bring product with them for anyone that wants to buy.

I look forward to seeing everyone at the meeting on November 9, 2010.

Cyndy Friedland,  
President

## BPWSOC - Holiday Fundraiser

The Executive Committee has chosen Ocean's Harbor House for it's Christmas Fundraiser organization. Harbor House was founded in 1985 to create a place that runaway, homeless and abused youth could go where they would be safe, free from abuse and victimization. A place that would also work with caring parents and family members to mediate crisis and rediscover the bonds of affection that are the cornerstone of any loving, capable family. On August 8, 1988 the Harbor House Youth Shelter opened its doors.

The cornerstone of the agency is their Emergency Youth Shelter designed to meet the immediate needs of youth ages, 10-19. Services provided include:

- Temporary Housing
- Individual, Group, & Family Counseling
- Crisis Intervention Services
- Food & Clothing
- Medical Attention
- Parent & Teen Mediation
- Case Management
- Advocacy & Referral Services
- Drug & Alcohol Counseling

All services are free, voluntary, and confidential. Services are available to ALL youth and families in the community. All staff are qualified counselors trained in crisis intervention.

Penny has contacted Harbor House and was sent the [attached](#) list of "Wish List" items that the kids asked for. You will note from this list that it includes items that we and our children take for granted. But for these kids, these items are luxuries. At the BPWSOC November and December meetings, we will accept any items on

the list. Stalo has agreed to store them for us. Also at the December meeting, a representative from Harbor House will be invited to attend so that they can take possession of what has been collected and bring it back to the kids.

We ask all members to purchase items from this list and bring them to the next two meetings. Also, please pass this list on to your family and friends and elicit their help in providing the much needed items for these kids.

Thank you for your generosity.

## BPW SOC Website

Our member and secretary, Lisa Gambino - owner of A2Z Computer Help is also our webmaster and designer and she is always looking for content to be added to our website, [www.bpwsoc.org](http://www.bpwsoc.org). Please feel free to contact Lisa with any information, updates, and/or comments you would like posted or added to the website.

You can contact Lisa at [www.bpwsoc.org](http://www.bpwsoc.org) direct through the "Contact Us" page or direct to her email address [lisag@a2zcomputerhelp.com](mailto:lisag@a2zcomputerhelp.com)

You can also visit Lisa's own website and contact her there also, [www.A2ZComputerHelp.com](http://www.A2ZComputerHelp.com)



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*Personal Computer Service with a Woman's Touch!*  
Personal Computer Services:  
PC Tune-Ups, Training, Digital Camera, Technology  
Integration Solutions, and much more...  
**Call Lisa G at A2Z (732) 237-9704**

## Princess and Pirate Party

Congregation Sha'arey Ha-Yam is holding a Princess and Pirate Party for 2 to 6 year old girls and boys at the Community Center on Nautilus in Stafford. Please see the [attached](#) flyer and feel free to invite your neighbors, friend or relatives that have small children that would enjoy this event. If you have any questions, just email Cyndy at [cfriedland119@comcast.net](mailto:cfriedland119@comcast.net) or call her 609-698-4459. This is a fun two-hour party!

## Need to Get Away?

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local get-away, or a last minute family reunion, give me a call at 609-290-5040 or email me at [Cyndyonlbi@comcast.net](mailto:Cyndyonlbi@comcast.net); it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me. From Cyndy Friedland

## Visit us on the web at [www.BPWSOC.org](http://www.BPWSOC.org)

We look forward to seeing you at the meeting.

**Business and Professional Women/Southern Ocean County**  
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