



## November 2011 Business and Professional Women Southern Ocean County Newsletter



### Newsletter

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#### Meeting Details

Wednesday,  
November 9, 2011

6:00 pm - Networking

6:30 pm - Meeting

Midtown Pizza

399 Dover Road #3

Greetings Everyone:

As we enter the holiday season we start to reflect on the past year and ups and downs we are all going through.

Our hearts ached with the news of the passing of our sister Kristen. I remember reading an article on someone that was reading a eulogy for a friend and brought up the year of birth, the year of death and the dash in between. They stated that the dash was so very important because the dash represented what they did with their life during their time on this earth. Well we all know Kristen's dash encompassed a tremendous amount in a short time. I know in our minds the time was too short but I can tell you that she made great use of the time she had here and that we will remember her kindness and giving for years to come. May we all feel richer for knowing her -- and may we all remember to make sure our dash makes an impact too!!!

Toms River, NJ  
732-281-0606

Directions

Join us for a wonderful networking opportunity. Bring your colleagues, friends and future members with you.

As part of our membership privileges we are given a chance to let our sisters know what we are doing in our businesses so, members, please bring any literature to share.

RSVP to Rosalind Silletto at 732-961-6435 or [via email](#).

\$15 includes dinner

November Birthdays

There are no birthdays in November.

New members, if you have a birthday in November or in the following months, please let me know so that you will be recognized.

Thought for November:

You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something - your gut, destiny, life, karma, whatever. This approach has never let me down, and it has

I will be attending our State meeting along with other members and officers; we will be bringing back information of importance to you. So please make every effort to attend our November meeting.

Our holiday gift giving will be for Harbor House. Please note that the "wish list" is on the web site. Bring your donations unwrapped to our December meeting. For our new members Harbor House is a "safe" house for children and teenagers to go to and stay while they work their way through whatever has made them feel that they cannot stay in their home. Without donations from organizations such as ours, Santa might not be able to bring these children holiday cheer. So please know whatever you can do is most appreciated.

Since we are fast approaching Thanksgiving, I would like for everyone to come to our meeting prepared to tell one thing that they are thankful for this year. We have all had so many things happen this year that we sometimes forget that we do have things to be thankful for -- so let us think about it and share with each other the one thing that brought us a smile or happiness rather than to focus on the "stuff" we carry daily.

Please also support the psychic fair November 4. The vendors might have some things to help with your holiday shopping; the psychics are interesting and from what I have heard -- they can really make you think!!!!

Most of all, please know that you all have a special place in my heart and if I don't tell you that all the time, I should!!!

Have a Happy Halloween !!!

Sincerely,

Penny Miller,  
President

November Meeting Date and Place

This is a reminder that our meeting for November will be held on Wednesday, November 9 because of Election Day on the 8th.

We will meet at Midtown Pizza, 399 Dover Road #3, Toms River and this meeting will be

made all the difference in my life." Steve Jobs.

a Pizza Party.

Midtown Pizza is located off Exit 80 on the GSP. Make a left on to Dover Road and the restaurant is in the first strip mall on your right. For other directions, please consult mapquest or your GPS.

We look forward to seeing all members at this meeting.

### Guest Speaker - Lori Keith

What's in Your Environment? Increase your awareness!

We are exposed to more toxins in a day than our grandparents were in a lifetime! You DON'T have to expose yourself and your family to toxic chemicals in your home. Protect yourself by learning the truth about these products, and to switch to products made with safe and/or natural ingredients!

Come join us for this very interesting topic! Begin to learn the simple every day uses of essential oils! PLEASE BRING along one product from your home to this meeting. (shampoo, body lotion, household cleaner, dish washing detergent, body soap, etc.) We will look at the labels and learn about the toxic chemicals to watch out for! And don't forget....Bring along a friend!!

Lori Keith, Certified Massage Therapist & Certified Clinical Aromatherapist [www.lorikeith.net](http://www.lorikeith.net)

### Scholarship Fund Raiser - Psychic Fair

On November 4, BPWSOC will hold it's second psychic fair. Again we expect a great turnout. We have four wonderful psychics lined up and many fabulous vendors to help you find the perfect Holiday gift.

Entrance fee is \$5.00 and there will be a 50/50 raffle.

Don't forget to tell everyone you know about this evening, which begins at 6:00pm. We look forward to seeing all our BPW members and their friends and family members.

### BPWNJ VOICE

Did you know that you could advertise in the BPWNJ Voice and reach our sisters throughout the State with your business? Yes, for \$25. (the smallest ad) your business can expand...need I say more?

Don't miss out on this chance to promote your business. To find out more information, check your recent copy of The Voice, or email Lauren Simeone Berman at

[lesimeone@verison.net](mailto:lesimeone@verison.net) for size and cost of advertising.

If you would like to receive your copy of the Voice electronically, send an email to Lauren at the email address above and ask her to put you on the electronic email list. By doing so, you are helping BPWNJ save on the cost of mailing the Voice out to members.

### Harbor House

BPWSOC will again be collecting donations for Harbor House this year as our Christmas charity. All donations are due at our December meeting on December 13. [Attached](#) is a list of items that they can use.

Please be generous as these kids are really in crossroads of their life and our help will ease their transition period and make them feel remembered.

Thank you.

### BPW SOC Website

Our member and secretary, Lisa Gambino - owner of A2Z Computer Help is also our webmaster and designer and she is always looking for content to be added to our website, [www.bpwsoc.org](http://www.bpwsoc.org). Please feel free to contact Lisa with any information, updates, and/or comments you would like posted or added to the website.

You can contact Lisa at [www.bpwsoc.org](http://www.bpwsoc.org) direct through the "Contact Us" page or direct to her email address [lisag@a2zcomputerhelp.com](mailto:lisag@a2zcomputerhelp.com)

You can also visit Lisa's own website and contact her there also, [www.A2ZComputerHelp.com](http://www.A2ZComputerHelp.com)



**A 2 Z Computer Help**  
**[www.A2ZComputerHelp.com](http://www.A2ZComputerHelp.com)**  
**[lisag@A2ZComputerHelp.com](mailto:lisag@A2ZComputerHelp.com)**  
*Personal Computer Service with a Woman's Touch!*  
Personal Computer Services:  
PC Tune-Ups, Training, Digital Camera, Technology  
Integration Solutions, and much more...  
**Call Lisa G at A2Z (732) 237-9704**

PC Tips by Lisa G., A2Z Computer Help

[email:](#)

This month I would like to talk about email addresses and the companies that offer [free email services](#).

To clarify, we all must pay an [internet service provider](#). Our internet service provider (also known as "ISP") is the company that we pay that allows us to have online service in our homes (wired with an [ethernet cable](#) or wireless with a [router](#) connected to the ISP's [modem](#) or some provide an all-in-one [modem/router](#)). These ISP's offer us many benefits from email addresses to websites to [free wifi service](#) outside our homes and in other states, etc.

You may remember a while back, before we had broadband cable or DSL internet service, we were using [dial-up service](#). Many people paid AOL for their service. You do not have to pay anyone for an email service, unless you want the added benefits that they may offer. You only need to pay for your ISP. Additionally, it is a good idea to have an email account with a service that you can always keep. For example, if you have [yahoo.com](#), or [gmail.com](#), you will never need to change that address due to changing your ISP. Some ISP's will take back their email account from you if you leave or change services.

Email is important to most people for many different reasons and no one likes to change. My advice is to get an email address from a [free email service](#).

Thank you, Lisa G from [www.A2ZComputerHelp.com](#)

## Travel In Style Awaits You

Only have limited time and limited funds; then an escorted vacation is for you. Packages vary in price to meet every budget and once you book, everything is arranged for you through the tour operator. All you need do is show up at the airport, board your flight, and be prepared for a wonderful vacation.

If you're interested in learning more, do not hesitate to contact me.

As a traveler myself with over 30 years experience, I love to impart my knowledge and expertise to my clients. I offer personal, one-on-one service.

Contact Rosalind Silletto at  
[travelinstyle2011@hotmail.com](mailto:travelinstyle2011@hotmail.com)  
or (732) 961-6435.

## Need to Get Away?

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local get-a-way, or a last minute family reunion, give me a call at 609-290-5040 or email me at [Cyndyonlbi@comcast.net](mailto:Cyndyonlbi@comcast.net); it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me. From Cyndy Friedland

Visit us on the web at [www.BPWSOC.org](http://www.BPWSOC.org)

We look forward to seeing you at the meeting.

Business and Professional Women/Southern Ocean County  
PO Box 1207  
Manahawkin, New Jersey 08050

[Forward email](#)



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