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Business and Professional Women Southern Ocean County
 June 2015 Newsletter
www.bpwsoc.org



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BPWSOC Upcoming events for 2015

Meetings are held the second Tuesday of each month at 6:30PM (come earlier 6PM for Networking) at [Kristy's Casual Dining in Waretown](#)

REMINDER: RENEW YOUR MEMBERSHIP NOW

June 9 - BPWSOC Meeting -
Scholarship Awards and
Installation of Officers
July 8 - BPWSOC Meeting
August 11 - BPWSOC
Meeting
August 20 - Pocketbook
Bingo(tentative date)
August 29 - Shop for a Cause

ADDITIONAL EVENTS

PRESIDENTS LETTER

June 2015

Some of the best things about being an officer of BPWSOC have been the friendships and camaraderie of my fellow sisters and , especially the memories I have made along the way.

My tenure as president began unexpectedly in 2013 when, without notice, I had to step up and assume the office.

When you have a small group, it can be difficult to make changes and go in new directions. Your BPW board did just that, reducing costs by changing from "Constant Contact" to "Mail Chimp" for our newsletter and by investing some of our monies in a

WILL BE ADDED AS THEY OCCUR

(Note: There will be Executive Board Meetings the week before each General Meeting, Date, time and place of these meetings will be announced prior to the monthly meeting.)

REMEMBER TO BRING YOUR BUSINESS INFORMATION FOR OUR NETWORKING TABLE!!!

Nuvine account where it earned greater interest. We created new ways of getting our name out and increased visibility for BPWSOC by physically participating in "Shop for a cause" and "Pirate's Day". A special thanks to Jaimee Henbest and her committee for a very successful Networking Night with speaker Janet Neal. With member support and suggestions we have found new ways to earn scholarship money by hosting a successful Paint Party and and upcoming Pocketbook Bingo.

And now, with the change of seasons, we welcome a change in leadership and new growth. It is my hope that as members you will give a little of your time to support the new officers and to help with planned events in the coming year. You are a great group of accomplished women!

THANK YOU,

Mary Baldelli, President, BPWSOC

Please RSVP to info@bpwsoc.org for this meeting and, if present, your name will be entered in a drawing for this month's door prize.



MEMBER BIRTHDAYS:

Lisa Gambino - June 21

Emma Halsey - June 6

Donna Zader - June 7

If your birthday is in June and we missed you, please let us know. Happy Birthday



Change happens when the pain of holding on becomes greater than the fear of letting go.

Kelly Cullari
Victim of Domestic Violence



PC TIPS BY LISA G., [A2Z Computer Help](#)

Tip for June:

Recovery Media:



Please note that you can always go to our website for the latest information and/or "Members Only" area.

Please support upcoming BPWSOC events:

BPWSOC June 9, 2015
Installation of
Officers and
Scholarship Awards

Mark your calendars:

POCKETBOOK
BINGO tentative date is
August 20th.

Shop for a Cause is
8/29th, we will need
volunteers for the table in
store.

Pirates Day is
September 12 in
Barnegat. Visit our table.

For more information
about these events
[Visit us at
www.bpwsoc.org](#)

I know I have written and talked about this before, but I cannot reiterate the fact that this is such an imperative and important task when you get a new computer. This is part of the initial setup and I find that so many people do not have their Recovery Media created. Usually the manufacturer will recommend that this be the first thing you do. It is sometimes in the instructions enclosed or there is a reminder that pops up once your pc is setup. FYI - Apple requires this also!

Finally, the great importance of this task is so that if your hard drive were to crash or become corrupt or a virus takes over; to do a reinstall of the Operating System will require the Recovery Media. Note, several years back, this didn't concern the consumer because the media (discs) came with your new computer along with the User's Guide or Manual. Now, we are all responsible to download, create, print etc...the required media and/or documentation.

Thank you and as always, contact me if you need some help cleaning up your pc.

Lisa Gambino
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 Professional Secretary
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BPWNJ VOICE

Did you know that you can advertise your business in the BPWNJ Voice in order to reach



For information about

**Business
 and
 Professional
 Women New
 Jersey**

www.bpwnj.com



**NEED TO
 GET AWAY**

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local getaway, or a last minute family reunion, give me a call at 609-290-5040 or e-mail me at

Cyndyonbi@comcast.net: it would be my pleasure to assist you in locating a rental property on Long

our sisters throughout the State? For more information contact Eunice Clark at eclark@brookdalecc.edu

If you are not receiving your copy of the Voice electronically, and would like to, e-mail Eunice Clark at the address above and ask her to put you on the electronic e-mail list. By doing so, you are helping BPWNJ save the cost of mailing.



JUNE GUEST SPEAKER

There will not be a guest speaker this month. The meeting will be devoted to honoring our Scholarship Recipients and Installation of Officers.



No Legislative Update this month.

Beach Island! There are still homes available, so don't hesitate to contact me. Cyndy Friedland



Rosie the Riveter is a cultural icon of the United States, representing the American women who worked in factories during World War II. Rosie the Riveter is commonly used as a symbol of feminism and women's economic power.



NEW MEMBERS:

Members please bring family, friends and business associates to meet us. New members are always welcome.



Bella Donna Salon
31 N. Main Street Manahawkin, NJ 08050 / 609-978-1414

We now have a third location
at 2400 N. Long Beach Blvd, Surf
 City (LBI) NJ 609-361-1777.

Bella Donna provides a full range of salon services including:

- Haircuts & Styles
- Perms
- Hair Color
- Foil Highlighting
- Corrective Color
- Keratin Treatment
- Manicures
- Pedicures
- Massage Therapy
- Facials
- Make Up
- Waxing
- Gift Cards

Manahawkin location 609-978-1414

Quinoa is a nutty flavor, crunchy grain that is gluten free, high in protein and fiber. It comes in white, red and black and one cup is cooked with two cups of water. This can be added to many food such as your salads and good in meatballs too etc.



Reading Corner

Author: David Baldacci

Title: The Innocent
The Hit
The Target



Business and
Professional
Women's
Foundation

Business and Professional Women's Foundation (BPW Foundation) was the first foundation dedicated to conducting research and providing information solely about working women.

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