



August 2012 Business and Professional Women Southern Ocean County Newsletter

Newsletter

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Meeting Details

Tuesday, August 14, 2012

6:00 pm - Networking

6:30 pm - Meeting

Kristy's Casual Dining

562 Route 9

Waretown, NJ

[Directions](#)

Join us for a wonderful networking opportunity. Bring your colleagues, friends and future members with you.

As part of our membership privileges we are given a chance to let our sisters know what we are doing in our businesses and work places so, members, please bring any literature to share.

Dear Lisa,

Greetings BPW Sisters!!

Well summer is in full swing; BBQs are the hot dinner item of the season, and cool long summer drinks are a big hit. Family get togethers are something we all look forward to as it gives us time to make memories and have fun. So take the time to enjoy each and every moment as that is what memories are made of; moments in time!!

Speaking of memories, we have a big one coming up. Our 25th Anniversary of being a local of Business and Professional Women. We have two wonderful women to honor, Deborah Whitcraft and Stalo Karamanos. It would be fantastic if you would make every attempt to attend our dinner. If you cannot come please, at least, take an ad.

The committee is working every week on getting great gifts for the raffles. That alone should bring you out in droves as these gifts are over the top!!! We also will have a 50/50 that night. So please support the women that work so hard to make this event successful. If you want to donate anything for the baskets please call me and I will arrange to collect it from you.

We are planning another psychic fair on November 2; so keep a watch out for more information on that. We are planning to tie it in with a vendor fair since the holidays

RSVP to Rosalind Silletto at
732-961-6435 or
[via email.](#)

\$17 includes dinner

August Birthdays

No birthdays this month

New members, if you have a birthday this month or in the following months, please let me know so that you will be recognized.

Thought for August

"'Meaning well' is different from 'being good,' which requires doing good, which often requires putting the needs and well-being of others above one's own needs and well-being. To me, that's virtuous."

...author Rosie Schaap

"HEAL = Hope, Exercise, Attitude, Love of self, others and God."

--Sister Eileen Walsh of Seattle, WA, who came up with this to remember the tools she uses every day to cope with Parkinson's.

will be fast approaching. If you have an interest in taking a table for your business, please contact Roz at travelinstyle2011@hotmail.com so she can save a space for you!!

We have some past members that have not paid their dues yet and I will be reaching out to you to see if there is something we can do to keep our relationship. I am aware that during these economic times we are in, it is a problem for many and if that is the case, we can work it out. Just let me know when we speak and we can come up with a solution. We value you all as members and never want to lose anyone so please let me know how I can help.

We have some interesting speakers lined up for you so please make sure you check out the newsletters to keep abreast of upcoming events.

Enjoy the summer -- it is a great time to get out of the house and enjoy all that is outdoors!! Most of all enjoy your family, even those you work with!!!

Sincerely,

Penny Miller,
President

Macy's Shop for a Cause

We again have tickets for Macy's Shop for A Cause, scheduled for August 28, 2012. The tickets are \$5.00 each and get you 25% discount all day.

All proceeds go to BPWSOC (so no excuse about being on vacation as you can shop any Macy's store)

Contact Penny Miller at mombi@yahoo.com to purchase tickets.

Women Helping Women Dinner & Gift Auction September 28, 2012

It is that time of the year when the Executive Board of BPWSOC is starting to plan and solicit gifts for our Women Helping Women Dinner & Gift Auction. As in the past, this event is being held at Ocean Acres Country Club and the price to attend is \$55.

For 2012, which is also our Silver Jubilee year, our honorees are: Deborah Whitcraft, Founder and Curator of the Museum of NJ Maritime History, Beach Haven; and Stalo Karamanos,

Owner/Founder of Kristy's Casual Dining, Waretown.

We are extremely excited about this year's event; it being our 25th Anniversary. As a member of BPWSOC it would be wonderful to have all of you attend the dinner on September 28, 2012. If you have a scheduling conflict, at least put an ad in our Silver Jubilee Program. Information about the dinner and pricing for the journal can be found on our web site www.bpwsoc.org.

Invitations will be sent out within the next few weeks, so watch your mailboxes for them.

Thank you.

BPW SOC Website

Our member and vice president, Lisa Gambino - owner of A2Z Computer Help is also our webmaster and designer and she is always looking for content to be added to our website, www.bpwsoc.org. Please feel free to send Penny Miller any information, updates, and/or comments you would like posted or added to the website.

You can contact Penny at momlbi@yahoo.com to include additional content to the web site.



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PC Tips by Lisa G., A2Z Computer Help

Today, we are dealing with many scams and cybercriminals due to our huge presence and access on the internet. While the internet is a great place and extremely useful to us in so many ways, it is not a place where we can drop our guard. Many think because you are sitting in your safe homes, in your own office and on your own computer, you are protected. But, sadly, this is not the case.

You must be diligent with your "always connected" devices (computers, xbox 360, netflix, smart phones, kindle, ipads,

etc.). Therefore, it is as if you are actually sitting outside in the middle of the world, basically naked. If you do not protect yourself with antivirus software, strong passwords and just some plain old common sense in thinking about who you are giving your personal information to and where you are visiting (is it a safe website?).

I went to the place I trust most for my own computer training and where all of my most important software is provided by and that is Microsoft. I found the following [article](#) to be a good start. It branches out in many areas, but this article itself is a help for most.

Thank you,

Lisa Gambino from [A2Z](#)

BPWNJ VOICE

Did you know that you could advertise in the BPWNJ Voice and reach our sisters throughout the State with your business? Yes, for \$25. (the smallest ad) your business can expand...need I say more?

Don't miss out on this chance to promote your business. To find out more information, check your recent copy of The Voice, or email Lauren Simeone Berman at lesimeone@verizon.net for size and cost of advertising.

If you would like to receive your copy of the Voice electronically, send an email to Lauren at the email address above and ask her to put you on the electronic email list. By doing so, you are helping BPWNJ save on the cost of mailing the Voice out to members.

Travel In Style Awaits You

Rosalind's Travel in Style is now an affiliate of AAA Travel Service. Check out my web site www.travelinstyle.agentstudio.com.

You can also book directly from the site or call me for assistance.

I can be reached at (732) 961-6435 or travelinstyle2011@hotmail.com

Need to Get Away?

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local get-a-way, or a last minute family reunion, give me a call at 609-290-5040 or email me at Cyndyonlbi@comcast.net; it would be my pleasure to assist

you in locating a rental property on Long Beach Island!
There are still homes available, so don't hesitate to contact
me.

Cyndy Friedland

Visit us on the web at www.BPWSOC.org

We look forward to seeing you at the meeting.

Business and Professional Women/Southern Ocean County
PO Box 1207
Manahawkin, New Jersey 08050

www.bpwsoc.org