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Business and Professional Women Southern Ocean County  
November 2014 Newsletter  
[www.bpwsoc.org](http://www.bpwsoc.org)



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### **BPWSOC Upcoming events for 2014-15**

Meetings are held the second Tuesday of each month at 6:30PM (come earlier 6PM for Networking) at [Kristy's Casual Dining in Waretown](#)

[RENEW YOUR MEMBERSHIP NOW](#)

November 11 – BPWSOC Meeting  
GUEST SPEAKER: Barbara Bobbin Wilkinson from New York Life.

December 9 – BPWSOC Holiday Meeting  
Please bring your donations for Grace Initiatives to this meeting.

January 13 - BPWSOC Meeting

February 10 - BPWSOC Meeting

March 10 - BPWSOC Meeting

April 14 - BPWSOC Meeting

May 13 - BPWSOC Meeting

June 9 - BPWSOC Meeting

**ADDITIONAL EVENTS WILL BE ADDED AS THEY OCCUR**

(Note: There will be Executive Board Meetings the week before each General Meeting, Date, time and place of these meetings

## **November President's Message**

**November is the month we celebrate, share, and give thanks.**

**Let us celebrate who we are and where we came from----our roots. We all have influences good or bad, that make us who we are today.**

**What skills did we develop that we can share with others? My skills tend to lean towards service to others, while many of my friends and colleagues share their technical skills and business savvy with others.**

**As we reflect back on the past year, who do you want to thank? For me it is my BPW sisters who supported me in my**

will be announced prior to the monthly meeting.)

REMEMBER TO BRING YOUR BUSINESS INFORMATION FOR OUR NETWORKING TABLE!!!

**presidential role this year and my family and clients who saw me through the recent closing on my business and the beginning of my retirement.**

**I thank all of you for supporting BPW and exercising your right to vote this month!**

Mary Baldelli, President

*Please RSVP to [info@bpwsoc.org](mailto:info@bpwsoc.org) for this meeting and, if present, your name will be entered in a drawing for this month's door prize*



**MEMBER BIRTHDAYS:**

There are no November birthdays on our roster.

If your birthday is in November, and we missed you, please let us know. Happy Birthday



**"If I am not good to myself, how can I expect anyone else to be good to me?"**

**Maya Angelou**



**PC TIPS BY LISA G., [A2Z Computer Help](#)**

Mobile and Web view on Smartphones and tablets:

Remember that every big company is trying to make our mobile devices



**Please note that you can always go to our website for the latest information and/or "Members Only" area.**

**Please support upcoming BPW SOC events:**

BPW SOC MEETING – Tuesday, November 11

BPW SOC HOLIDAY MEETING- Tuesday, December 9

This year our charity is Grace Initiatives. Check website for list of items they need,

**Visit us at [www.bpwsoc.org](http://www.bpwsoc.org)**

(smartphones, tablets, etc...) all work and or function just like a computer, so you do not have to use your computer.

This is all fine and wonderful, but remember we are not completely there yet. Everything is happening and changing each day. So, I am suggesting that you become as savvy as possible (meaning, if something does not work one way, realize that there is probably another way for it to work and or even another. I always say there are 10 ways to do everything on your computer).

This subject came about when one of my clients commented on the "Mobile" view of their website. What is "Mobile" view? This is when we use our smartphone or tablet to view a website, for example, [www.bpwsoc.org](http://www.bpwsoc.org). You type in the URL/domain name or address (you see, right there, there are 3 ways to refer to [www.bpwsoc.org](http://www.bpwsoc.org)), and then you click search and the website comes up. On some phones it shows in mobile view and on some it shows in web view. Either way, some websites will have an option if you scroll down at the bottom of the page to toggle between mobile and web. If you do toggle between both, you will see that the website views a bit differently each way. You may see more or less in either view.

As with browsers on our computers, we can toggle between them when we visit any website. Sometimes you will notice that something is not visible or showing on a particular website, but you will find that if you use a different browser it will view as it should. This is all due to the different code that is used for the kabillions of websites, browsers, and different platforms used out there. Everyone is trying to catch up to the next best thing and then something new comes along.

Not to digress too much, but this also leads to why it is very important to keep your computer as well as your smartphones and tablets up to date. The updates are what helps us along with all the new stuff that is constantly being created.

So, the moral of this "tip" is, think outside the box (be creative), and stay up to date!

Finally, as always, have fun and enjoy your devices!

Thank you,

**Lisa Gambino**  
**A2ZComputerHelp.com**  
Secretary/Webmaster, **BPWSOC.org**  
Certified Computer Technician and Professional Secretary  
**lisag@A2ZComputerHelp.com**  
vm: 732-237-9704  
Keyport Office: 732-847-9275

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### **BPWNJ VOICE**

**Did you know that you can advertise your business in the BPWNJ Voice in order to reach our sisters throughout the State? For more information contact Eunice Clark at [eclark@brookdalecc.edu](mailto:eclark@brookdalecc.edu)**

***If you are not receiving your copy of the Voice electronically, and would like to, e-mail Eunice Clark at the address above and ask her to put you on the electronic e-mail list. By doing so, you are helping BPWNJ save the cost of mailing.***



For information about BPW NJ log on to [www.bpwnj.com](http://www.bpwnj.com)



### **NEED TO GET AWAY**

If you are stressed and looking for a mini vacation to Long Beach Island, or have family or friends that are thinking of a local getaway, or a last minute family reunion, give me a call at 609-290-5040 or e-mail me at [Cyndyonlbi@comcast.net](mailto:Cyndyonlbi@comcast.net): it would be my pleasure to assist you in locating a rental property on Long Beach Island! There are still homes available, so don't hesitate to contact me. Cyndy Friedland



Rosie the Riveter is a cultural icon of the United States, representing the American women who worked in factories during World War II. Rosie the Riveter is commonly used as a symbol of feminism and women's economic power.



## GUEST SPEAKER FOR NOVEMBER 11 MEETING

Barbara Bobbin Wilkinson from New York Life will discuss your financial health.

Do you have more financial responsibilities than resources? That's not uncommon these days-not when so many of us are trying to pay off our mortgages, prepare for retirement, save for college and care for aging relatives. That's where it helps to have a financial professional by your side; someone who can evaluate your needs, assess your priorities and recommend solutions that help address your financial goals and objectives.




**Legislative Update**  
**CONNORS, RUMPF & GOVE**



### 9th District

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[senconnors@njleg.org](mailto:senconnors@njleg.org)  
609-693-6700

### [Senate Passes Connors-Rumpf-Gove Measure That Would Assist First-Time Home Buying Veterans](#)



## NEW MEMBERS:

Members please bring family, friends and business associates to meet us. New members are always welcome.



**Your blood type is a factor in what we absorb, how we handle stress and risks from 'Eat Right For your Type' by Dr. Peter J. D'Adamo:**

Type O – eat meat, no wheat, aerobic exercise, inflammatory disease

Type A – vegetarian, gentle exercise and meditate, heart disease

Type B – varied diet including dairy products, moderate exercise, slow-growing viruses

Type AB – combo of both types, calming exercises, friendliest immune system



## Reading Corner

THE PARIS WIFE



By: Paula McLain

The Senate passed legislation introduced by Connors, Rumpf & Gove of the 9th District that would help municipalities to fund programs that provide first-time home buying veterans with down payment assistance.

[Click for Full Story](#)

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### [Stockton College to Hold Veteran Job Fair on November 14](#)



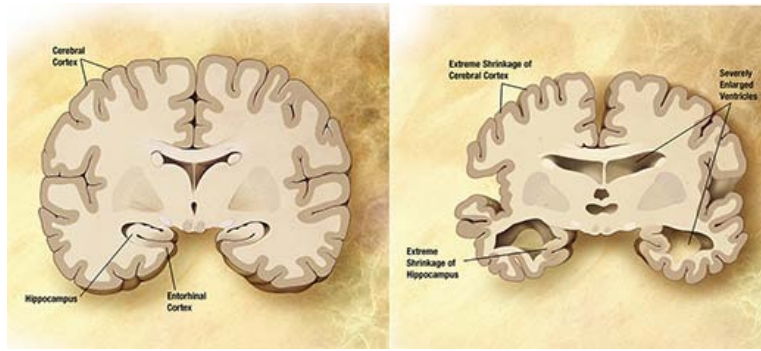
Please mark your calendar for the Stockton College Veteran Job Fair on November 14. The Fair will be held in the Campus Event Room from 9:00 am to 12:30 pm.

[Click for Full Story](#)

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### [Gove Appointed to Alzheimer's Disease Study Commission](#)





9th District Assemblywoman DiAnne C. Gove has been named to the Alzheimer's Disease Study Commission.

[Click for Full Story](#)

### [9th District Delegation's Initiative to Combat Heroin Advanced in Committee](#)



Bipartisan legislation sponsored by Sen. Chris Connors, Asm. Brian Rumpf and Asw. DiAnne Gove that would strengthen state statutes for heroin offenses was released by the Assembly Appropriations Committee.

[Click for Full Story](#)

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Connors, Rumpf & Gove start petition for the State to honor it's commitment to Atlantic City. [Sign Here!](#)



**9th District**

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[sconnors@njleg.org](mailto:sconnors@njleg.org)  
609-693-6700

[Senate Passes Connors-Rumpf-Gove Supported Measure Requiring South Jersey Representation on Turnpike Authority](#)



Bipartisan legislation sponsored by the 9th District legislators that would require at least one member of the New Jersey Turnpike Authority be from South Jersey was passed by the State Senate.

[Click for Full Story](#)

[Connors, Rumpf & Gove Start Online Petition in Support of Keeping Atlantic City as State's Only Home to Casinos](#)



Sen. Chris Connors, Asm. Brian Rumpf and Asw. DiAnne Gove have started an online petition to thwart any legislative effort that would allow casinos to operate at sites in New Jersey other than Atlantic City.

[Click for Full Story](#)

[Connors-Rumpf-Gove Want Harsher Penalties for Financial Exploitation of Seniors and Disabled](#)



District 9 Legislators have reintroduced legislation that would create the new offense of theft by financial exploitation of vulnerable person.

[Click for Full Story](#)



We are happy to announce our second location is now open  
at 209 N. Bay Ave, Beach Haven (LBI) NJ 609-492-4800.

Bella Donna provides a full range of salon services including:

- Haircuts & Styles
- Perms
- Hair Color
- Foil Highlighting
- Corrective Color
- Keratin Treatment
- Manicures
- Pedicures
- Massage Therapy
- Facials
- Make Up
- Waxing
- Gift Cards

Manahawkin location 609-978-1414





insert your  
image here



Business and Professional Women's Foundation (BPW Foundation) was the first foundation dedicated to conducting research and providing information solely about working women.

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**Our mailing address is:**

BPWSOC  
P.O. Box 1207  
Manahawkin, NJ 08050

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